## **MULTI-SERVICE CENTER**

Since its opening in March of 1999, the Multi-Service Center (MSC) has functioned as the main entry point into the Long Beach Continuum of Care system. The MSC is a unique facility which co-locates social service agencies in order to provide integrated, centralized assessment and comprehensive services for at risk and homeless individuals and families in one location. These services include basic services, such as showers, mail, street outreach and prevention services, case management, crisis counseling, educational assurances, life skills training, employment assistance, financial literacy classes, expungement workshops, fair housing workshops, housing placement, health screenings, HIV/AIDs related services, substance abuse and mental health treatment referrals, veterans services, mainstream benefits and referrals to other community resources. The MSC mission is to provide comprehensive supportive services to promote progress towards permanent housing, self-sufficiency, by creating a community where health, safety, and well-being are established.

1301 W. 12th St. Long Beach, CA 90813 (562) 570-4500 Bus #s 45, 191, 192

Hours: MON, TUE, WED & FRI 8:30 AM-4:00 PM THURS 8:30 AM-2:00 PM

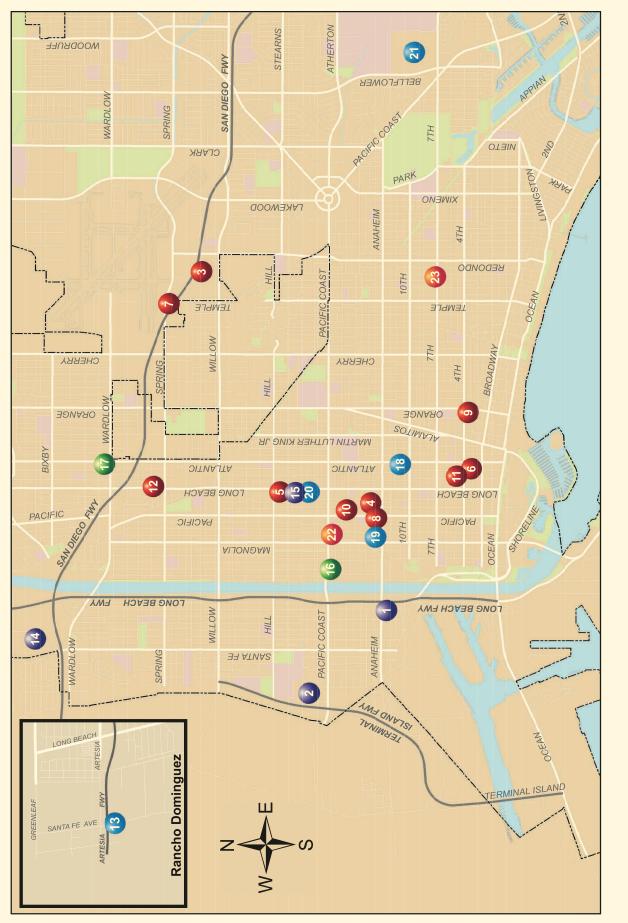
#### **VILLAGES AT CABRILLO**

The Villages at Cabrillo is a residential community established to break the cycle of homelessness. A former naval housing campus serving the local Long Beach ship yards, the Villages at Cabrillo has been transformed from a military housing site into a vibrant supportive housing community. As steward of the campus since its inception in 1997, Century Villages at Cabrillo, a 501(c)3 affiliate of Century Housing, is the community development organization that owns, develops, and manages this unique 27 acre campus. Today, the Villages at Cabrillo is home to more than 1,200 residents, including veterans, families and children, and features a collaboration with close to 20 non-profit and government agencies that collectively provide residents with safe, affordable housing and access to the skills, tools, and services needed to establish self-sufficiency. On-site supportive services include childcare, medical center, veteran services, substance abuse rehabilitative services, adult skill building classes, emergency shelter, transitional and permanent housing.

2001 River Ave. Long Beach, CA 90810 Phone: (562) 200-7300

Near PCH & Technology Place: Bus # 171, 191, 192

Hours: MON-FRI 8:00 AM-5:00 PM



Rev. 9/2015

Street Outreach Hotline 562-570-4550

Direct Services (562) 570-4500

Department of Health and Human Services Homeless Services Division



This Directory was prepared with the assistance of the Long Beach Continuum of Care and the City of Long Beach—Department of Health and Human Services. This information is available in an alternative format by request at (562) 570-4176.

This pocket guide is a list of agencies that offer services to individuals and families in the Long Beach area. This is not intended to be a complete list of resources in Long Beach. The agencies listed should not be interpreted as a recommendation or an endorsement by the City of Long Beach.

# Pocket Guide Resource Directory

# **Help & Emergency Hotlines**

Alcoholics Anonymous	(562) 989-7697
Adult Protective Services	(888) 202-4248
Child Abuse Hotline	(800) 540-4000
Department of Child & Family Services	(562) 497-3500
Domestic Violence—National	(800) 799-7233
Domestic Violence—Interval House	(562) 594-4555
Fair Housing Foundation	(562) 989-1206
Older Adult/Senior Abuse	(800) 992-1660
<b>Emergency Cold Weather Service</b>	(800) 548-6047
Legal Aid Foundation	(562) 435-3501
LA County Mental Health Access	(800) 854-7771
Pacific Gateway Workforce Investment Network	(562) 570-3700
211 Los Angeles County	(800) 339-6993
211 Orange County	(888) 600-4357
National Sexual Assault Hotline	(800) 656-4673
Trevor Project: Suicide Prevention for LGBT	(866) 488-7386
Suicide Hotline	(800) 784-2433
Long Term Care Ombudsman	(800) 334-9473

## **EMERGENCY & SOCIAL SERVICES**



#### **American Red Cross**

3150 E. 29th St.

Long Beach, CA 90806

Phone: (562) 595-6341 (800) 448-3543

redcross.org/ca/long-beach

Bus # 111, 131

## Hours: MON-FRI 8:30 AM-4:30 PM

Provides emergency needs that may include: food, clothing, shelter for victims of disaster, referral services.



#### **Catholic Charities**

123 E. 14th St. Long Beach, CA 90813 Phone: (562) 591-1351

catholiccharitiesla.org

Bus # 45, 191, 192 Hours: MON-FRI 9:00 AM -12:00 PM

1:30 PM-3:30 PM

Food stamps eligibility worker on-site: THURS 1:30-3:30 PM. Utility assistance, food, clothing and transportation. Food Bank: Every last Thursday of the month: 9:30 AM-12:00 PM and 1:30 PM-3:00 PM.



#### **Centro Shalom**

2131 Long Beach Blvd. Long Beach, CA 90806 Phone: (562) 591-2214 centroshalom.org Bus # 51, 172

Hours: MON-FRI 10:00 AM-4:00 PM

Emergency food, clothing, legal assistance including counseling for landlord/tenant eviction defense, family law and immigration services.



#### **Christian Outreach In Action**

515 E. 3rd St.

Long Beach, CA 90803 Phone: (562) 432-1440 coalongbeach.org

3rd & Linden: Bus # 191, 192

Office Hours: MON-FRI 9:00 AM-4:00 PM Clothing: FRI 9:00 AM-2:00 PM Food Bank: TUES & THURS 9:00 AM-12:00 PM **Breakfast:** MON-FRI 7:00 AM-8:00 AM MON-FRI 4:30 PM-5:30 PM Dinner:



#### **Disabled Resources Center**

2750 E. Spring St., Suite 100 Long Beach, CA 90806 Phone: (562) 427-1000 Deaf Services: TTY (562) 427-1366

drcinc.org

Spring St. & Temple: Bus # 131

Hours: MON-FRI 8:00 AM-12:00 PM 1:00 PM-5:00 PM

Serving people with physical, mental and developmental disabilities. Screening & referrals for emergency services, food, limited transportation, benefits counseling/advocacy.

#### **EMERGENCY & SOCIAL SERVICES**



## **Long Beach Rescue Mission** Lvdia House/Samaritan House

1335 Pacific Ave. Long Beach, CA 90813 Phone: (562) 591-1292 lbrm.org

Pacific Ave. & Anaheim St.: Bus # 45, 191, 192

Hours: 24 hours

Short- and long-term shelter, meals, clothing, substance abuse rehabilitation



#### **Long Beach Senior Center**

1150 E. 4th St.

Long Beach, CA 90802 Phone: (562) 570-3500 longbeach.gov/park/park-and-facilities/ directory/long-beach-senior-center Bus # 72, 151

Hours: MON-FRI 8:00 AM-4:30 PM SAT 10:00 AM-4:00 PM

For ages 50 and older, Information & referral to emergency food, clothing, apartment list available, job & transportation assistance.



## **Lutheran Social Services Community Care Long Beach**

1611 Pine Ave. Long Beach, CA 90813 Phone: (562) 599-1321 Isscommunitycare.org

Pine Ave & PCH: Bus # 51, 172, 181

## Intake Hours: MON-THURS 10:00 AM-2:00 PM Office Hours: MON-THURS 8:00 AM-4:00 PM Emergency food, clothing, transportation, baby items,

hygiene items, referral services, educational classes, health workshops, family services, and employment.



#### Mental Health America—The Village

456 Elm Ave., Lower Level Long Beach, CA 90802 Phone: (562) 437-6717 mhala.org mhavillage.squarespace.com 5th St. & Elm: Bus # 1, 46, 51, 191, 192

Hours: MON, TUE, THURS, FRI 7:30 AM-12:30 PM WED 10:00 AM-1:00 PM

Providing case management services, showers, clothing, money management, benefits advocacy, linkage to psychiatric treatment and residential placement for people with mental health issues.

#### **EMERGENCY & SOCIAL SERVICES**



## The Salvation Army Family Service

3092 Long Beach Blvd. Long Beach, CA 90807 Phone: (562) 426-7637 / TUE-THURS salvationarmylbc.org/contact-us Bus # 51, 181, 182

Hours: 8:30 AM-11:30 AM

Homeless Individuals: TUES 8:30 AM-11:30 AM Families: WED-THURS 8:30 AM-11:30 AM Emergency food, clothing, transportation; homeless

assistance.

**PUBLIC AGENCIES** 



## Department of Public Social Services— LA County

17600 Santa Fe Ave., Suite A Rancho Dominguez, CA 90021 Phone: (310) 761-2000 dpssbenefits.lacounty.gov/ybn/index.html

Hours: MON-FRI 8:00 AM-5:00 PM



## **Long Beach Unified School District**

1515 Hughes Way Long Beach, CA 90810 (562) 997-8000 lbschools.net

Bus # 191, 192

Hours: MON-FRI 8:00 AM-4:30 PM



## **Social Security Administration**

2005 Long Beach Blvd Long Beach, CA 90806 (800) 772-1213 ssa.gov Bus # 51, 172

Hours: MON, TUE, THURS, FRI 9:00 AM-4:00 PM 9:00 AM-12:00 PM

WED

#### **EMPLOYMENT SERVICES**



## Goodwill, Serving the People of **Southern LA County**

800 W. Pacific Coast Highway Long Beach, CA 90806 Phone: (562) 435-3411 Deaf Services: TTY (562) 590-8588 thinkgood.org Bus # 1, 172, 173, 181

Hours: MON-FRI 8:00 AM-4:30 PM

Vocational education, and work training programs.



# **Long Beach Career Transition Center**

3447 Atlantic Ave. Long Beach, CA 90807 Phone: (562) 570-3700 pacific-gateway.org Bus # 51, 101

Hours: MON-FRI 8:00 AM-5:00 PM

Training & employment services for laid-off or longterm unemployed persons.

## **MEDICAL AND MENTAL HEALTH SERVICES**



## C.A.R.E.—St. Mary Medical Center

1045 Atlantic Ave., #1016 Long Beach, CA 90813 Phone: (562) 624-4900 careprogram.org Bus # 61

Hours: MON-FRI 8:30 AM-4:30 PM

Full service HIV/AIDS medical & dental clinic, mental health, treatment advocacy.

#### **Long Beach Comprehensive Health** Center—LA County 1333 Chestnut Ave.

Long Beach, CA 90813 Phone: (562) 599-8787 dhs.lacounty.gov/wps/portal/dhs/LongBeach

Hours: MON-FRI 7:30 AM-7:30 PM SAT 7:30 AM-4:30 PM

Bus # 45, 191, 192

Walk-in Clinic: 7:30 AM-3:30 PM



Long Beach, CA 90806 Phone: (562) 599-9280 dmh.lcounty.gov Bus # 1, 51, 61, 172, 173

Hours: MON-FRI 8:00 AM-5:00 PM

#### **VA Healthcare System** 5901 E. 7th St.

Long Beach, CA 90822 Phone: (562) 826-8000 www.longbeach.va.gov Bus # 91, 93, 94, 121, 171

Hours: 24 hours

Medical and psychiatric care including substance abuse treatment for eligible veterans. Homeless outreach and linkage to VASH (Section 8 for veterans).

#### **SUBSTANCE ABUSE SERVICES**



**Redgate Memorial Recovery Center** 1775 Chestnut Ave.

Long Beach CA 90813 Phone: (562) 599-8444 www.BHS-INC.org Bus # 1, 172, 173, 182

Hours: MON-FRI 8:00 AM-5:00 PM

7-14 day medical detox, 90 day-6 months rehab drug and alcohol recovery services.



#### Safe Refuge

(Formerly Substance Abuse Foundation)

3125 E. 7th St. Long Beach, CA 90804 Phone: (562) 987-5722 asaferefuge.org Bus # 91-94

Hours: MON-FRI 7:00 AM-5:00 PM

Outpatient, residential drug/alcohol treatment; residential/transitional housing for HIV+ individuals.